

FURTHER INFORMATION



INDIA CYCLE CHALLENGE

The challenge is to cycle 350km over 5 days through India's colourful "Land of the Kings" – Rajasthan. Each day will provide us with an 'off-the-beaten-track' adventure through some of the amazing landscapes that Rajasthan has to offer.

This charity bike ride will give us the best experience of Rajasthan - we'll have opportunities to explore the amazing city of Jaipur including the Amber Fort and experience a Tiger Safari in Ranthambore National Park. The cycling takes us through areas of Rajasthan that are far from the tourist trail, giving us a true feel of this hugely fascinating area. We will cycle through local villages full of vibrant colours, surrounded by lush green fields, to the arid landscapes of the Aravalli Hills which offer us a completely different contrast.

We complete our challenge in Agra visiting the majestic Taj Mahal – one of the masterpieces of world heritage.

Come and cycle "The Land of the Kings".

“BELIEVE YOU CAN”



INDIA CYCLE CHALLENGE



CONTENTS

Page 2: Contents, introduction and financial protection.

Page 3: About Global Adventure Challenges, minimum numbers and responsible tourism.

Page 4: Challenge highlights, a few notes on Rajasthan and currency.

Page 5: Climate, temperature & humidity, temperature chart and snakes & bugs.

Page 6: Health & vaccinations, safety & security and some useful tips.

Page 7: Passport & visa and travel insurance.

Page 8: Flights, luggage & kit and extending your stay.

Page 9: Accommodation, toilet & washing facilities and telephone & Wi-Fi.

Page 10: Other costs to budget for and tipping.

Page 11: Difficulty & terrain, challenge grading and training tips.

Page 12: Support on your challenge, food, water & refreshment stops and traffic.

Page 13: Transferring your place and complaints.

Page 14 - 15: Detailed challenge information.

INTRODUCTION

This document will provide you with challenge and route information along with approximate timings for each day. It is hoped this will give you an insight into what you can expect whilst on this awesome challenge and help you to prepare further.

Taking part in one of our challenges undoubtedly requires commitment, determination and, above all, a positive attitude from the outset. From the moment you sign up there are steps in place to ensure that you have the correct level of support and help throughout the entire journey not just on the challenge itself. Each participant should approach the challenge with an open mind and prepare to be adaptable throughout. Whilst thousands of hours of work will have gone into the preparation across all of our challenges, the itineraries are complex and things can often need to change on the ground, therefore they are strictly subject to change.

If you have any other questions about the challenge you are about to embark upon which are not answered in this document, please do not hesitate to contact the office on 01244 676454 or email customer.care@globaladventurechallenges.com.

FINANCIAL PROTECTION

By travelling with Global Adventure Challenges you are protected by the Civil Aviation Authority (CAA) under our ATOL licence number 6506.

When you buy an ATOL protected flight inclusive Overseas Challenge from us you will receive an ATOL Certificate. This lists what is financially protected, where you can get information on what this means for you and who to contact if things go wrong.

The CAA are the UK's specialist aviation regulator. They are a public corporation, established by Parliament in 1972.

As the Tour Operator we are responsible for your travel package. The whole philosophy of this type of challenge is one which allows for changes and a substantial degree of on-tour flexibility. The outline itinerary given later in this document is an indication of what you and the group are aiming to accomplish and not a contractual obligation on our part.



INDIA CYCLE CHALLENGE



ABOUT GLOBAL ADVENTURE CHALLENGES

Global Adventure Challenges have been organising worldwide charity challenge events and adventures since the year 2000. Since we began organising challenge events we have grown and developed very steadily – we believe that our charity partners, participants and corporate organisations – basically, our customer base – are the best form of advertising. Word of mouth, they say, is the best form of marketing and we believe this also.

Our challenges have helped raise well in excess of £15 million for a wide range of charities located throughout both the UK and overseas. Over the years, we have taken tens of thousands of people on exciting challenges all over the world, helping them realise their dreams and fulfil lifetime ambitions. Our challenge events are “life-changing...” and these are the words of our participants, not ours!

We are extremely proud of the events we organise and we are here to give you a memorable lifetime experience. Without doubt our success lies in the dedicated team we have working both in the office, and out in the field.

Our passion for adventure travel and pushing your ‘comfort zone’, combined with extensive fundraising

event experience, are what makes us different from other operators. We believe that from the moment you enquire, you will be embarking on a journey that you will remember forever.

Travelling with Global Adventure Challenges is an enjoyable and satisfying way to show your commitment to fantastic charitable causes. Come and be part of our success! We are taking more and more individuals away on exciting challenge events every year... join them... join us!

MINIMUM NUMBERS

Each of our challenges require a minimum number of participants to enable us to run the challenge at the advertised costs.

For this challenge the minimum number of participants is 15.

If the group is smaller or becomes smaller than this minimum number in the run up to the challenge, we may consider the option to continue to run the challenge with less than the minimum number, however a small supplement will be applicable.

In this instance we will communicate this to you no later than 11 weeks before departure.

Our average group size for this challenge is normally between 25 - 30 participants.

RESPONSIBLE TOURISM

At our overseas destinations we work with small, local ground handlers who employ local guides and we use as much local infrastructure as we can to boost the economy and income. We aim to ensure that all local guides involved with our events are given a fair wage in accordance with appropriate local standards and each of our challenges is designed using the knowledge of local experts.

We believe that we need to preserve and respect the locations in which our challenges take place in order for future generations to experience the same fantastic places as we do now. More information regarding our Responsible Tourism Policy can be found on our website.



INDIA CYCLE CHALLENGE



CHALLENGE HIGHLIGHTS

- Visit the Taj Mahal.
- One full day in the famous Pink City of Jaipur.
- Experience a Tiger Safari in Ranthambore National Park
- Cycle through areas far from the tourist trail.

A FEW NOTES ON RAJASTHAN

Rajasthan is known as 'The Land of the Kings' and is the largest, most colourful and one of the most beautiful states of the Republic of India with its majestic forts and palaces, intricately carved temples and decorated havelis. The region is often called a shopper's paradise and is famous for textiles, semi-precious stones and handicrafts. The attractive designs of jewellery and clothes are incredibly eye-catching. Rajasthani furniture has intricate carvings and bright colours and handicrafts from the area are in high demand.

Rajasthan is culturally rich and has artistic and cultural traditions which reflect the ancient Indian way of life - golden deserts, sand dunes, wooded hills and amazing lakes, men and women in colourful turbans and skirts, bustling towns and quiet villages, camels, elephants and tigers, bright sunlight and the cool evening breeze - all are here in abundance. This diverse state is the home to the

Rajputs who ruled this part of India for over 1,000 years.

Fact file

- **Area Covered:** 3,166,829 sq km
- **Population:** 68,548,437
- **Capital city:** Jaipur
- **Religion:** Hindu 80%, Sunni Muslim 10%, Christian 2.5%, Sikh 2%, Buddhist, Jewish
- **Language:** Hindi, English, Assamese, Bengali, Gujarati, Kannada, Kashmiri, Konkani, Malayalam, Manipuri, Marathi, Nepali, Oriya, Punjabi, Sanskrit, Sindhi, Tamil, Telugu, Urdu (all official), more than 1,650 dialects
- **Time difference to GMT:** +5.5 hours

Local way of life - always ask before taking photos of local people, don't point cameras in their faces. We recommend that you don't let locals take 'selfies' with you, they normally then try and charge you for it!

Please don't give sweets to children, it encourages them to beg and creates problems for future travellers and can also lead to dietary and dental problems which they cannot afford to deal with - what seems like generosity is sometimes not.

If you feel you want to give something, make a donation to a local school project or equivalent -

your local guide will help you make a donation if required.

We are going to remote parts of Rajasthan and locals will be very interested in you when the group does stop, so at times you may find crowds gathering around us.

CURRENCY

The currency of India is the Rupee (INR). Please note, the Indian Rupee is a closed currency, meaning you can only obtain this on arrival in India.

The current exchange rate is approximately 90INR to £1.



INDIA CYCLE CHALLENGE



CLIMATE, TEMPERATURE & HUMIDITY

India is so vast that the climatic conditions in the far north have little relation to those of the extreme south. While the heat is building up to breaking point on the plains, the people of Himachal, high in the Himalayas will still be waiting for the snow to melt on the high passes. Most of India has a 3 season year, the hot, the wet, and the cool. Because of the unusual topography of the land, climatic conditions are widely diversified on both a seasonal and a regional basis. The coolest weather lasts from November – mid March, with cool, fresh mornings and evenings, and dry sunny days. The really hot weather is between April and June.

The climate of Rajasthan can be divided into four seasons: summer, monsoon, post-monsoon and winter. The post-monsoon period is from October to November.

TEMPERATURE CHART

Month	Average Max Temp °C	Average Min Temp °C	Rainfall (mm)
Jan	22	7	6
Feb	25	10	10
Mar	31	15	5
Apr	37	21	4
May	40	25	18
Jun	39	27	51
Jul	34	25	213
Aug	32	24	227
Sep	33	23	80
Oct	34	19	12
Nov	29	13	8
Dec	24	8	3

SNAKES AND BUGS

It is unlikely that you will encounter any snakes or creepy crawlies, especially if you follow a few simple rules:

- Never put your hands or feet anywhere you cannot see.
- Shake out all clothes and shoes before reaching into them.
- Never go barefooted.
- Use a torch at night so you can see where you are walking.

Your local guides will inform you of any other precautions that may be necessary.

As with most wildlife they would rather avoid an encounter with you as much as you would with them!



INDIA CYCLE CHALLENGE



HEALTH & VACCINATIONS

As part of the registration process we require you to complete a medical questionnaire in full. Your answers will be treated in the strictest confidence in accordance with the Data Protection Act and our policy is to encourage and support as many people as possible to take part in our challenges. We request medical information from you in an endeavour to minimise risk to all participants, and for that reason **we ask that you disclose all your medical history**. Depending on the answers given you may need to get your doctor to sign and stamp your medical declaration. If you are 70 years of age or over at the time of travel you must be authorised by your doctor regardless of the answers given.

It is strongly recommended that you consult a medical professional to ensure that your vaccinations are all up to date. You must discuss your own particular needs and contra-indications to vaccines or tablets with them.

The following information is only given as a guideline – always seek professional advice:

- Confirm primary courses and boosters as recommended for life in Britain are up to date.
- Courses, boosters or vaccines usually advised or “topped up” - hepatitis A and B, tetanus, typhoid, diphtheria, rabies, polio and Japanese B encephalitis.

If you do receive vaccinations, it is advisable to carry a vaccination certificate with you. In addition, people on prescription medication should carry a note from their doctor stating the treatment, drug name and dosage.

If you take prescription medication please make sure they are in the original packaging with a label showing your name, alternatively take a copy of the prescription with you or a letter from your doctor confirming that you have been prescribed this medication.

Wash your hands wherever possible to avoid stomach upsets. We highly recommend that you bring a couple of small bottles of antibacterial dry wash, this is especially important when washing facilities aren't available.

We also recommend you use a high factor sunscreen and re-apply regularly.

SAFETY & SECURITY

To ensure the safety and security of your group all guides will be in radio/phone contact with each other.

You should always be vigilant when staying in an unfamiliar environment, especially in cities such as Jaipur, Delhi and other major towns - look after your personal possessions as you would do at home:

- Keep handbags closed and wallets in zipped pockets. Be mindful of pick pockets.

- Don't leave valuable equipment such as cameras and mobile phones unattended on tables etc.
- Don't wear expensive jewellery/watches or carry large amounts of cash.
- Use hotel safes and lock boxes where available for passports, tickets and other valuables when leaving your accommodation for the evening.
- Our recommendation is to leave valuables at home. If you don't need it, don't bring it!

Credit card for emergencies – in the unlikely event you have to curtail your challenge, it is expected that you will have to cover any additional costs such as extra accommodation, transfers etc. Often these additional costs incurred can be claimed back through your travel insurance on your return to the UK.

SOME USEFUL TIPS

- 'Namaste' is used for welcoming as well as bidding a guest farewell in India, said with the palms of both the hands pressed together.
- Make sure you dress appropriately if visiting a temple - your shoulders and legs should be covered and you should remove your shoes.
- Bargaining is a popular and necessary practice in India.
- Do not point your finger at anyone. It is taken as a sign of annoyance.



INDIA CYCLE CHALLENGE



PASSPORT & VISA

Passports should have a validity of at least 6 months after your return. Please ensure that your passport is in good condition as you may be refused entry onto the plane if it is damaged in any way.

An Indian Visa will need to be obtained prior to departure. It is your responsibility to ensure you meet all passport and visa requirements to enter India including any entry requirements for countries visited whilst in transit.

We will send you further information on how to obtain your Indian Visa and any entry requirements for countries visited whilst in transit in the lead up to the challenge. Please read all the information provided carefully before applying. If you have any queries, please contact the Indian Embassy directly as they will always have the correct, up-to-date information on the application procedure.

The current cost for a visa to enter India is approximately £120.

TRAVEL INSURANCE

We strongly recommend that you take out comprehensive travel insurance at the earliest opportunity. A comprehensive travel insurance policy is available through Global Adventure Challenges and details of how to apply are given in your welcome letter.

If you are opting to use your own personal travel insurance then details of your policy should be sent to us. Please be aware that we will not vet or check your own personal travel insurance policy details. Therefore you and you alone are responsible for ensuring that you have adequate personal travel insurance with protection for the full duration of the challenge in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment. You should also make sure there are no exclusion clauses limiting protection for the type of activities included in the challenge.



INDIA CYCLE CHALLENGE



FLIGHTS

Flights normally depart and arrive back into the UK from mid-late evening. Your flights will normally have a combined total of approximately 8 - 10 hours flying time on both the outward and inward legs. So you need to prepare yourself for long journeys at the start and end of the challenge.

Your exact flight details will be confirmed to you in the lead up to your challenge. Flight bookings will normally be made on a group fare basis and will be in economy class. If you would like us to look into upgrading you to a different class please contact Global Adventure Challenges on 01244 676464 or customer.care@globaladventurechallenges.com

You are responsible for checking in at the correct time and for presenting yourself to take up all pre-booked components of your challenge.

Unfortunately, we have no control over cancellations and delays, which are subject to operational decisions by carriers, airlines and/or traffic control authorities.

Where it is not possible to ensure your timely return to the departure point due to unavoidable and extraordinary circumstances, we will bear the cost of any necessary accommodation for a period not exceeding 3 nights.

LUGGAGE & KIT

You will need a large soft holdall/rucksack for your main luggage which will be transported by vehicle to our accommodation each day.

We recommend that your main piece of luggage weighs no more than 20kgs irrespective of whether the airline has a higher baggage allowance. Please remember our ground crew, porters and in some cases animals, will be transporting your luggage whilst you are on the challenge and so with their health and safety in mind, it is advisable not to pack any heavier.

You will also need a small backpack/camelbak to carry any essentials with you during the day i.e. sunscreen, tissues, camera, small personal first aid kit etc.

Apart from some cycling shorts, helmet and cycling gloves, you do not need any specialist kit. You can bring your own pedals, saddle and any other personal cycling equipment if you require.

EXTENDING YOUR STAY

If you would like to take the opportunity to extend your stay, it might be possible for us to arrange an extension for you with the airline so you can spend some extra time immersing yourself in the culture and beautiful landscape on offer.

If you are interested, please contact the Customer Care team to request an extension form at customer.care@globaladventurechallenges.com or by calling us on 01244 676454. We recommend you do this as soon as possible as all extensions are strictly limited, subject to availability, given on a first come, first served basis and the final decision always rests with the airline. Your request will be placed on a list in order of receipt and we will contact you at the earliest opportunity before the date of travel to confirm whether the extension has been granted. Therefore please do not make any plans for your requested extended period until you have heard back from us.

There is a minimum £60 + VAT charge to have your return airline ticket extended.

Through our in-country ground handler it may also be possible for us to create bespoke/tailor-made extension packages to suit your needs.



INDIA CYCLE CHALLENGE



ACCOMMODATION

We will be staying mostly in local hotels and converted palaces with en-suite washing facilities, usually two people to a room. On one night our accommodation is at a tented safari camp. Please be aware that these hotels and converted palaces are more basic to what we are used to in the UK and not the same as western standards. Some of these hotels and palaces are at least a 100 years old but they are full of character and accurately portray the area and the people who live in them.

We submit our rooming lists for your challenge at 8 weeks before challenge departure. Please make sure you have informed us of anybody you would like to share with along with your relationship to them before this time as we are unable to amend the rooming lists once submitted. If you are a solo participant we will partner you with another participant of the same sex, and where possible, of a similar age.

Please contact the Customer Care team at customer.care@globaladventurechallenges.com if you would like the cost of a single supplement.

TOILET & WASHING FACILITIES

Toilets will be available at our accommodation but on the road they are usually of the 'hole in the ground' type and may be of a poor hygiene standard so be prepared to use the 'great outdoors' when necessary!

You should carry your own supply of tissues but please dispose of these appropriately ('nappy sacks' are very useful!). Used tissue should be disposed of in the bins if provided, or disposed of appropriately at a later time, **not** flushed down the toilets.

Showers will also be available at our accommodation stops but due to their rural location these can sometimes be cold water showers.

Remember to wash hands wherever possible to avoid getting stomach upsets. A small bottle of antibacterial hand gel is a must.

TELEPHONE & WI-FI

Telephone signals and Wi-Fi are readily available in the major towns and cities we pass through and visit. Due to the type of terrain in the areas we cycle through mobile telephone signals can become patchy, therefore please don't rely on being able to use your mobile phone the entire challenge. Wi-Fi will also become pretty non-existent whilst we are cycling.

Wi-Fi at times may be available at our evening accommodation. More information can be found in the Accommodation Information Document.

There will also be the opportunity to charge electrical items at hotels/lodges on some nights so make sure you bring the appropriate travel adapter for India.



INDIA CYCLE CHALLENGE



OTHER COSTS THAT YOU NEED TO BUDGET FOR

Below are some approximate costs for other expenditure you may incur for the challenge:

Item	Approx. cost
Kit and clothing	Please see kit list
Visa	£119.44 – this is subject to change
Travel insurance	£63
Spending money	£200 - £250
Hotels the night before your UK departure and/or the night of your UK arrival	£60 - £100 per night
Airport car parking	£75 - £150
Travel to and from the UK departure airport	The cost depends on how far you need to travel and type of transport you are taking – flights and trains are quicker but also more expensive than going by coach.

Average costs - The average cost of a beer or a cup of coffee is 150INR in wine shops, but in restaurants and hotels can be as much as 250 – 300INR. Similarly, a good cup of coffee might cost in the range of INR 80-150.

How much spending money you will need usually depends on how many presents and souvenirs you want to bring home!

TIPPING

We would be expected to tip hotel staff on our challenge. For ease we try to do a collective tip across the whole group organised by your guides at the time of departure/check out. This is normally around 100 INR per hotel, (approx. £1 per person depending on the size of the group).

Tipping your crew is appropriate, customary and always appreciated. The local crew work extremely hard and work in teams and evenly split all gratuities they receive. Your gratuity should reflect the quality of service you received and anything special your guides did to enhance your trip.

As a guideline, we recommend around £30 from each person, but this does depend on your budget, and what you feel is appropriate.

If you feel at any stage any pressure regarding unofficial tips, please make sure you report this on the ground and it will be taken up accordingly.



INDIA CYCLE CHALLENGE



DIFFICULTY & TERRAIN

Our challenges are graded 1 (Challenging), 2 (Tough) or 3 (Extreme). This challenge is graded at 1 (Challenging).

The cycling is not physically demanding in terms of terrain - most of the riding is along flat roads, although there will be some climbs involved - but the high temperatures make it tough, especially for the first couple of days until you acclimatise and it is essential to stop often to cool down and replenish yourself with water and snacks. You will have to drink much more than you think – possibly over 8 litres per day! The daily distance cycled averages at 70km, although sometimes it may be a little more or a little less. Even though these distances may not seem too far to some of you, remember, this is a challenge and you will be cycling all day in the heat!

We would strongly recommend you increase your training in preparation for this challenge.

CHALLENGE GRADING

Each of our challenge events are designed to be achievable by most individuals, providing you are prepared to put the effort into training. You do not need to be a professional athlete or ‘super fit’, however, the fitter you are the more you will enjoy the challenge!

Please keep in mind that these guidelines are to give an insight into the difficulty level associated with the challenge. You may find that an event rated ‘Challenging’, could have a ‘Tough’ day, or we may find that a ‘Tough’ challenge, may have a ‘Challenging’ day.

CHALLENGING

A ‘Challenging’ cycle requires a good level of fitness. They usually involve varied terrain, with some tough, long cycling days.

Hotels and lodges are used and any camping is kept to a minimum, also we are usually never too far away from civilisation.

The weather may also be changeable.

Please contact the office and speak to the team if you are in ANY doubt regarding your suitability for one the challenge events.

TRAINING TIPS

Training is a critical component in the preparation for your challenge. Good cardiovascular fitness is essential and it is important that you are fit enough to complete this challenge, therefore prior fitness preparation is a MUST!

Training tips can be found on our website and in your welcome pack to point you in the right direction. We also offer training days and weekends to help you prepare.

As mentioned previously this challenge has been graded as ‘Challenging’ and we strongly recommend training for this challenge.

Our training tips include:

- Try to go training on consecutive days instead of doing one big day. This will help your muscles get used to the strains of cycling over consecutive days.
- Work on improving your stamina.
- Any form of endurance training will be of benefit to help you complete this challenge.



INDIA CYCLE CHALLENGE



SUPPORT ON YOUR CHALLENGE

There will be a strong support team with a professional Global Adventure Challenges leader from the UK, knowledgeable and experienced local professional guides and bike mechanics.

An air-conditioned vehicle/coach will also provide support to the group alongside a road marshall on a motorbike to provide assistance at busy road crossings.

A comprehensive first aid kit will be carried with the group at all times. All Global Adventure Challenges leaders are 16 hour Outdoor First Aid qualified.

It is likely that you will have to pay for any medical treatment in India.

FOOD, WATER AND REFRESHMENT STOPS

All meals will be provided on the challenge from dinner on Day 2 to breakfast on Day 10, except for lunch on Day 3. Food will be predominantly Indian, with a good selection of meat and vegetables. There will be some western cuisine at the hotels in the evenings. Most dietary requirements can be catered for as long as we know in advance.

Breakfast items will commonly consist of items such as toast (white/brown bread), butter, jam, oats, porridge, cornflakes, milk, baked beans, potatoes, juices, choice of eggs (omelette, fried, scrambled) and finally tea or coffee.

Evening meals will also be at the restaurants based in the hotels that we stay at.

On cycling days, lunch will be a packed lunch prepared by our hotel / guides and will be eaten at an appropriate point on the route.

Local snacks are also provided such as biscuits, fresh seasonal fruit and local chocolate, however, you may wish to bring your own snacks. Tracker bars and fruit sweets such as jelly babies are ideal. Another tip is to bring along some of your absolute favourite snacks to give you an extra boost when you find the going tough.

Use bottled water for drinking. Do not drink tap water in India unless it has been boiled, filtered or chemically treated. Water will be provided throughout the challenge, there will be no limits to the amount of water on cycling days but on non-cycling days we will be given 2 x 1 litre bottles per day.

Where possible we have two water / refreshment stops plus lunch on each cycling day.

TRAFFIC

Traffic ostensibly drives on the left, although there are exceptions. Most of our route is relatively traffic free, but there will be stretches which see fairly high traffic volumes so you'll need to keep your wits about you. You should always be on the lookout for people and wildlife where you least expect them!



INDIA CYCLE CHALLENGE



TRANSFERRING YOUR PLACE

It may be possible to transfer your place to another person. Any transfer request must be made at least 7 days before the departure of your challenge. Costs associated with a transfer are detailed below.

- 56 days or more before challenge departure: £60.00 plus VAT.
- Within 56 days of challenge departure: £100.00 plus VAT.

Suppliers associated with the challenge may also charge additional fees (as an example an airline will often charge a name change fee).

All costs associated with a transfer must be paid in full before it can be confirmed / granted.

In addition to the costs above the person taking your place on the challenge must meet all registration formalities including completing a full registration form, medical questionnaire and if necessary get their GP's signature confirming they are physically and mentally fit enough to complete the challenge.

As you know our challenges are not your normal 'flop and drop' trips! Therefore, we reserve the right to decline a transfer request. For example, this may be because we don't feel there is sufficient enough training and preparation time before the challenge departs.

COMPLAINTS

We view complaints as an opportunity to learn and improve for the future, as well as putting things right for you.

If there is something that you perceive to be a lack of conformity during the performance of the challenge you must inform your challenge leader without undue delay. This will allow us the opportunity to remedy the situation on the ground.

If you have any form of complaint in the lead up to your challenge please contact the Customer Care team on the details below who will endeavour to put things right.

customer.care@globaladventurechallenges.com



INDIA CYCLE CHALLENGE



DAY	TRANSFERS	DIFFICULTY RATING	RIDE STATS (APPROX.)	ITINERARY NOTES
Day 1: Depart UK for Delhi	Approx. 15 minute transfer to our hotel in Delhi	N/A	N/A	<ul style="list-style-type: none"> Upon arrival in Delhi late evening, we transfer to our hotel for an overnight stay.
Day 2: Delhi to Jaipur	Approx. 15 minute transfer to Delhi airport and approx. 45 minute transfer from Jaipur airport to our hotel	N/A	N/A	<ul style="list-style-type: none"> After breakfast we transfer to Delhi airport for our flight to Jaipur. Upon arrival in Jaipur, we transfer to our hotel to freshen up and become accustomed to our new surroundings. Jaipur is a very lively place and can take a little bit of getting used to. It is also the capital and largest city in the state of Rajasthan.
Day 3: Jaipur	Approx. 45 minute transfer to the Amber Fort and a 45 minute return transfer	N/A	N/A	<ul style="list-style-type: none"> We spend the whole day visiting the various wonderful sights and monuments Jaipur and the surrounding areas have to offer. In the morning we travel to visit the Amber Fort and Sheesh Mahal. Once back in Jaipur we will visit Jantar Mantar, Maharaj's City Palace and Hawa Mahal.
Day 4: Jaipur to Abhaneri	Approx. 1 hour transfer in the morning to the start point of our cycling challenge	Challenging - tough	Distance cycled: 78km Cycling time: 5 - 6 hours	<ul style="list-style-type: none"> Our cycle challenge begins from the grounds next to the Jamwai Mata Temple which is located downstream from the dried up Lake Ramgarh which was once the main source of water for Jaipur. We ride through the arid countryside of Aravalli Hills passing through small villages. This is a hidden part of Rajasthan a world away from the crowds of Jaipur. We reach the village of Abhaneri by evening, Abhaneri is famous for its "Chand Baori" or step wells which was built by locals to harvest the rain water. It is one of the deepest and largest step-wells in India and considered to be one of the oldest and most attractive landmarks in Rajasthan. Our campsite is very remote surrounded by beautiful countryside.



INDIA CYCLE CHALLENGE



DAY	TRANSFERS	DIFFICULTY RATING	RIDE STATS (APPROX.)	ITINERARY NOTES
Day 5: Abhaneri to Ranthambore National Park	Approx. 1 hour transfer at the end of the day to Ranthambore	Challenging - tough	Distance cycled: 82km Cycling time: 6 hours	<ul style="list-style-type: none"> Today we get to experience the local village life of Rajasthan. In the morning we ride along tracks that pass through small villages and lush green fields allowing us to see the local way of life first-hand. After lunch the landscape becomes more barren, traffic reduces and shade is harder to find but the cycling is easier. Once we reach the town of Lalsot, we negotiate the narrow alleys like a puzzle maze to join the main road, from here we transfer to Ranthambore. Ranthambore Wildlife Park is famous for conservation of Bengal Tigers and one of the best places in India to see the tigers in natural habitat.
Day 6: Ranthambore National Park to Karauli	Approx. 40 minute return transfer to Wildlife Park. Approx. 50 minute transfer to our cycling start point and a 30 minute transfer to our accommodation at the end of the day	Challenging	Distance cycled: 70km Cycling time: 5 - 6 hours	<ul style="list-style-type: none"> A very early start today as we need to leave our hotel by 6.30am to go on our tiger safari in Ranthambore Wildlife Park. The safari takes place in Canters (open body buses/vehicles). The ride is bumpy, but if we are lucky we will be rewarded with some tiger sightings. There are a total of 62 tigers in the wildlife park but it is also home to the Indian leopard, nilgai, wild boar, sambar, striped hyena, sloth bear and mugger crocodiles as well as one of the largest Banyon trees in India. We aim to complete the safari by 10am and transfer back to the hotel for breakfast and a quick shower. We then transfer to our cycle start point for the day. Our cycling today is easier than others as it is on flat tarmac roads all the way to the outskirts of Hinduan city, where we meet our transfer to our overnight accommodation.
Day 7: Baretha Bund back to Karauli	Approx. 30 minute transfer to our cycling start point and approx. 1 hour transfer at the end of the day	Challenging	Distance cycled: 70km Cycling time: 6 hours	<ul style="list-style-type: none"> After a hearty breakfast, we take a 30 minute transfer and reach the picturesque spot at Baretha Dam, a 230 year old dam built on the river Kukand. We cycle for 15km before turning southwards where the terrain becomes much hillier. We will notice the change in colour of the landscape and how local's houses use red stones as basic building blocks, including doors and windows. Once we reach the village of Masaalpur, it's all downhill until we reach our finish point for the day.



INDIA CYCLE CHALLENGE



DAY	TRANSFERS	DIFFICULTY RATING	RIDE STATS (APPROX.)	ITINERARY NOTES
Day 8: Karauli to Agra	Approx. 2 hour transfer at the completion of our cycle challenge to Agra	Challenging	Distance cycled: 50km Cycling time: 2 hours	<ul style="list-style-type: none"> ▪ After a well-deserved rest we say our goodbyes to Karauli and begin to cycle our final 50km of the challenge. ▪ The cycling is much easier today on flat, good tarmac roads as we reach our finish line on the outskirts of Basantpura. ▪ Once we have completed our celebrations we hop in our waiting vehicle and take the transfer to Agra, the home to the majestic Taj Mahal.
Day 9: Agra to Delhi	Approx. 3 hour transfer to Delhi	N/A	N/A	<ul style="list-style-type: none"> ▪ In the morning we visit the Taj Mahal – a UNESCO World Heritage Site. It was built by Mughal Emperor Shah Jahan in memory of his wife Mumtaz Begum between 1631 and 1648. ▪ We will have a chance to indulge in some last minute shopping before we transfer to Delhi. ▪ Tonight we look back fondly on our achievements of the last 9 days at our celebratory meal.
Day 10: Depart Delhi arrive UK	Approx. 20 minute transfer to the airport	N/A	N/A	<ul style="list-style-type: none"> ▪ Today we transfer to Delhi airport to catch our flight back to the UK. Upon arrival in the UK we say our final goodbyes as a group and make our onward journey home

